

SPRING/SUMMER MENU



WEEK 1

MONDAY BURGER DAY	TUESDAY CLIMATE CHANGE DAY	WEDNESDAY TRADITIONAL DAY	THURSDAY CURRY DAY	FRIDAY CHEFS CHOICE
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MAINS

SPICED DIRTY CHICKEN BURGER IN A FLOURED BAP WITH POTATO WEDGES CHEESE & POTATO PUFFS V WITH POTATO WEDGES JACKET POTATO WITH VARIOUS FILLINGS V VE Y	STICKY TOFU WITH RICE VE Y PASTA BOLOGNAISE V JACKET POTATO WITH VARIOUS FILLINGS V VE Y	OVEN BAKED SAUSAGES WITH CREAMY MASHED POTATOES AND ONION GRAVY QUORN SAUSAGE JAMBALAYA V JACKET POTATO WITH VARIOUS FILLINGS V VE Y	CHICKEN CURRY AND RICE CARIBBEAN POTATO AND CHICKPEA CURRY VE Y WITH RICE JACKET POTATO WITH VARIOUS FILLINGS V VE Y	TOPPED SPICY WEDGES WITH PULLED BARBECUE JACKFRUIT VE Y JERK CHICKEN LEG FISH AND CHIPS OR FISH FINGERS AND CHIPS JACKET POTATO WITH VARIOUS FILLINGS V VE Y
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ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

BEEF ENCHILADAS	FIRECRACKER PIZZA V	SIZZLING CHICKEN AND GINGER STIR FRY WITH NOODLES	MEXICAN STYLE QUORN LOADED BURRITO V	CALZONE WITH MIXED SALAD V
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PASTA



COLD

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
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DESSERTS

BANANA CAKE AND CUSTARD V	LEMON DRIZZLE CAKE V	CHOCOLATE CRACKNEL AND CHOCOLATE SAUCE V	ETON MESS V	JAM COCONUT SPONGE AND CUSTARD V
FRESH FRUIT VE Y	FRESH FRUIT VE Y	FRESH FRUIT VE Y	FRESH FRUIT VE Y	FRESH FRUIT VE Y
FRUIT POTS VE Y	FRUIT POTS VE Y	FRUIT POTS VE Y	FRUIT POTS VE Y	FRUIT POTS VE Y
ORGANIC FRUIT YOGURT V	ORGANIC FRUIT YOGURT V	ORGANIC FRUIT YOGURT V	ORGANIC FRUIT YOGURT V	ORGANIC FRUIT YOGURT V
ICE CREAM TUB V	ICE CREAM TUB V	ICE CREAM TUB V	ICE CREAM TUB V	ICE CREAM TUB V

A SELECTION OF NATURAL FRUIT DRINKS / MILK SHAKE / BOTTLED WATER

Provider of excellent quality, freshly cooked, tasty, nutritious school meals.

Why not try one of our delicious plant based dishes. Working to reduce sugar content of our desserts in line with current healthy living advice.

Vegetarian
 Vegan

APRIL	MAY	JUNE	JULY	SEPTEMBER	OCTOBER
M T W T F	M T W T F	M T W T F	M T W T F	M T W T F	M T W T F
1 2 3 4 5	1 2 3	3 4 5 6 7	1 2 3 4 5	2 3 4 5 6	1 2 3 4
8 9 10 11 12	6 7 8 9 10	10 11 12 13 14	8 9 10 11 12	9 10 11 12 13	7 8 9 10 11
15 16 17 18 19	13 14 15 16 17	17 18 19 20 21	15 16 17 18 19	16 17 18 19 20	14 15 16 17 18
22 23 24 25 26	20 21 22 23 24	24 25 26 27 28	22 23 24 25 26	23 24 25 26 27	21 22 23 24 25
29 30	27 28 29 30 31		29 30 31	30	28 29 30 31

Please note: all cakes, pastry and pizza bases are freshly made using organic flour. Where halal meat has been requested by the school, it is HFA certified (or equivalent). Information on allergens present in this menu is available at www.walthamforest.gov.uk/schoolmeals or at the school.

SPRING/SUMMER MENU



WEEK 2

MONDAY BURGER DAY	TUESDAY CLIMATE CHANGE DAY	WEDNESDAY TRADITIONAL DAY	THURSDAY CURRY DAY	FRIDAY CHEFS CHOICE
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MAINS

1/4LB BURGER IN A FLOURED BUN WITH ITALIAN DICED POTATOES	VEGETABLE BIRYANI	ROASTED GARLIC AND LEMON CHICKEN WITH ROSEMARY ROAST POTATOES, SAGE AND ONION STUFFING AND GRAVY	THAI KATSU CURRY WITH MIXED RICE	ROASTED VEGGIE PIZZA
BUBBLE CRUMB SALMON FILLET WITH PARSLEY NEW POTATOES	ARRABIATTA PASTA	HOMEMADE CHEESE AND SWEETCORN QUICHE WITH ROSEMARY ROAST POTATOES	SPICED BANGKOK NOODLES	LEMON AND GARLIC CHICKEN LEG
JACKET POTATO WITH VARIOUS FILLINGS	JACKET POTATO WITH VARIOUS FILLINGS	JACKET POTATO WITH VARIOUS FILLINGS	JACKET POTATO WITH VARIOUS FILLINGS	FISH AND CHIPS OR FISH FINGERS AND CHIPS
				JACKET POTATO WITH VARIOUS FILLINGS

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

CHILLI TOPPED NACHOS	JAMAICAN JERK BOWL	PULLED JACKFRUIT BURGER	BÁNH MÌ BAGUETTE	TEX MEX
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PASTA



COLD

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
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DESSERTS

PEACH MELBA	FRUITY FLAPJACK	APPLE CRUMBLE AND CUSTARD	STRAWBERRY CHEESECAKE	CHOCOLATE AND BEETROOT MUFFIN
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
FRUIT POTS	FRUIT POTS	FRUIT POTS	FRUIT POTS	FRUIT POTS
ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT
ICE CREAM TUB	ICE CREAM TUB	ICE CREAM TUB	ICE CREAM TUB	ICE CREAM TUB

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8 9 10 11 12	6 7 8 9 10	10 11 12 13 14	8 9 10 11 12	9 10 11 12 13	7 8 9 10 11
15 16 17 18 19	13 14 15 16 17	17 18 19 20 21	15 16 17 18 19	16 17 18 19 20	14 15 16 17 18
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WEEK 3

MONDAY BURGER DAY	TUESDAY CLIMATE CHANGE DAY	WEDNESDAY TRADITIONAL DAY	THURSDAY CURRY DAY	FRIDAY CHEFS CHOICE
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MAINS

CLASSIC CHEESE BURGER WITH JACKET WEDGES	TOFU WITH SWEET CHILLI RICE NOODLES	HOMEMADE CHICKEN AND SWEETCORN PIE WITH ROASTED NEW POTATOES AND GRAVY	BEEF CURRY WITH MIXED RICE	MAC N CHEESE
THAI STYLE JASMINE RICE	ROASTED VEGETABLE LASAGNE WITH GARLIC BREAD	COTTAGE PIE WITH GRAVY	SPRING ROLLS WITH EGG FRIED RICE AND SWEET CHILLI SAUCE	PIRI PIRI CHICKEN LEG
JACKET POTATO WITH VARIOUS FILLINGS	JACKET POTATO WITH VARIOUS FILLINGS	JACKET POTATO WITH VARIOUS FILLINGS	JACKET POTATO WITH VARIOUS FILLINGS	MSC FISH AND CHIPS OR MSC FISH FINGERS AND CHIPS
				JACKET POTATO WITH VARIOUS FILLINGS

ALL DISHES SERVED WITH SEASONAL VEGETABLES OR MIXED SALAD

FRESH BREAD IS MADE DAILY

STREET

BBQ CHICKEN GYRO	MARGARITA PIZZA	JERK POWER SAUSAGE IN A FLOURED BUN WITH DICED POTATOES	CHICKEN ZINGER WRAP	FOREST FAJITA
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PASTA



COLD

SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS	SELECTION OF SANDWICHES, BAGUETTES AND WRAPS
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DESSERTS

PINEAPPLE UPSIDE DOWN CAKE AND CUSTARD	SUMMER CRUNCH POT	ST CLEMENT JELLY	FROSTED CARROT CAKE AND CUSTARD	PEACHES AND ICE CREAM
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
FRUIT POTS	FRUIT POTS	FRUIT POTS	FRUIT POTS	FRUIT POTS
ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT	ORGANIC FRUIT YOGURT
ICE CREAM TUB	ICE CREAM TUB	ICE CREAM TUB	ICE CREAM TUB	ICE CREAM TUB

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